



7 Principles for Mentees

1. Take 10 minutes to focus before each meeting.

Yes, you are extremely busy, and additional meetings can pose a challenge. However, think back to the times you have created margin for the important but not urgent tasks on your list. They are usually when our enterprises and life's goals are catapulted forward.

2. Create the agenda and be prepared with the questions you want to ask.

This will help clarify your current needs well so that your mentor knows how to come alongside you and your enterprise effectively.

3. Take notes during and after the meeting and share your key takeaways at the next meeting with your mentor.

Note-taking will help you retain knowledge and get the most out of your sessions. It will also demonstrate to your mentor that you are serious about your success personally and professionally.

4. Confirm your action steps with your mentor and crush your goals.

Use this additional accountability to your advantage and go after your goals like your enterprise's success depends on it.

5. Be yourself by being honest and authentic.

You will have the best experience and get the most out of your mentoring sessions if you are real and honest about what is going on in your life and enterprise.

6. Manage expectations well.

A mentor can have a certain level of impact on our lives and enterprises, but they will not solve our problems.

7. Be open to learning.

“What I believe is that all clear-minded people should remain two things throughout their lifetimes: Curious and teachable.” — Roger Ebert